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# F'k Cancer - Coping & Coloring: The Adult Coloring Book Full Of Stress-Relieving Coloring Pages To Support Cancer Survivors & Cancer Awareness ... Books & Swear Word Coloring Books) (Volume 6)





## Synopsis

F&C Cancer & Coping & Coloring! by Cynthia Van Edwards (AGES 1 & 100)  
60+ Coloring Pages! Cancer isn't something that we can ignore. Whether you've been close to somebody who has dealt with cancer, or you've personally had to face this disease, you know the powerful effect it can have on victims and their families. This coloring book was designed as a way to let some of the angst and stress channel into creativity instead of sadness and depression. It's easy to get really angry sometimes so we start coloring and it works! it truly helps us. This coloring book is a mixture between transcendental imagery and some of the many thoughts that we might experience after coming into contact with Cancer in one of its many forms. It's beneficial to express your emotions through colors because, many times, words just won't suffice. One minute you could feel despair and remorse or sorrow and suddenly rage and anger take over. We want you to find peace and tranquility. CYNTHIA'S PERSONAL RANT: I want to tell you how I feel about Cancer, and the haphazard way in which the medical community seems to deal with it. I'm not a politician, nor a pharmaceutical lobbyist. I don't own stock in any of those companies, I don't picket, and I haven't once thrown tomatoes during a public speech. That being said, the lack of enthusiasm in dealing with Cancer, on a global level is appalling. We put humans on the Moon. We have rovers on Mars. We found the Titanic, located sea creatures that were thought to be extinct, and we know, with a very small margin of error, that the universe is about 13.7 billion years old. We understand the inner workings of a black hole, and we can split the atom (and even break the little bits that make an atom into smaller bits). We humans can do anything we put our minds to. We found a terrorist 10,000 miles away, hiding in a closet. We found the head of lettuce that had e.Coli bacteria from space! Why the f&C can't we find a cure for cancer? Or safer medicines for Cancer Victims? Or a better support system and Recovery programs for Cancer patients and their families and friends? This makes me really angry. This is what inspired the book. A close friend of ours recently got diagnosed with a very aggressive form of cancer. She fought like hell to battle it. Instead of feeling sad and giving up, she got angry, told cancer to "Step-off" and she waged a battle that is still going on. She is turning the tide, beating the cancer back BECAUSE she decided to wage all out war against the disease. So that's the point of this book. Let's wage all out, fighting jihad on Cancer. Let's scream and rage and kick and punch! Let's make people aware. Let's force research forward. Nobody on this planet should have to die of this disease if we really come together and fight like hell to

eradicate it. Better early warning indicators. Better and safer treatments. Faster recovery systems and techniques. This is all possible. Now, can we do this overnight? No. But then, when Kennedy said, "We're putting men on the Moon, it happened. Not in 20 years, but in a few quick years. Let's do this, people. Let's Fk Cancer out of existence! This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases mental stimulation. The pictures and designs may seem random at first glance, but they're anything but. We hope to give the designer (you) a very introspective and mind expanding experience. PLEASE: Take pictures of your finished coloring designs and post them to CYNTHIA VAN EDWARD's Facebook page, add the hashtag #FkCancerColoringBook to your post

## Book Information

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## Customer Reviews

Cynthia Van Edwards Born in Oklahoma, with fierce Comanche blood in her veins, Cynthia Van Edwards spent hours and hours as a young girl riding horses and drawing. She found herself guiding towards arts programs and psychology in college, attending Northwestern University, where she graduated with honors. She began a career that started in counseling for children that were having learning issues in school. She eventually began working with adults who were suffering attention deficit issues and began thinking of ways to inspire people through artwork. Cynthia had special help from her Facebook Coloring Team. Together, this project was a collaboration between

more than 200 people, colorists, family members of those affected by Cancer, as well as many of them having personally dealt with the disease and its long list of casualties. It's time to get a little angry. Raise your arms; shout loud enough for the entire planet to hear us.

I have been lucky enough to preview this amazing colouring book about Cancer, prior to its' release. It is an amazing book full of beautiful images and phrases... ranging from pages that make you feel many different emotions.... hope, rage, faith and love to name a few. My 10 year old daughter and I have loved colouring pages from this book, which I will definitely be displaying at the Oncology ward I work at in a Brisbane hospital. I have no doubt that the patients I see every day, who continue to amaze me with their courage, bravery and strength while battling this terrible disease called cancer, will love and appreciate the wonderful messages of hope and wisdom portrayed in Cynthia's remarkable pages. If you have cancer, know someone who has cancer, or just want to support this wonderful idea, then this is the book for you. Below is a poem I wrote about Cancer, after being inspired by this wonderful book.

Aaaaarrgh! Cancer Sucks! There is no rhyme or reason, It can come right out of the blue, This ugly sickness growing inside of us, Often we don't even have a clue. It's so unfair! Such rotten bad luck! What did I do to deserve this? Aaaaarrgh! Cancer sucks! One day you feel completely fine, Then it's like a punch to the gut, When the doctor tells you "You have cancer" You feel like you have been run over by a truck. It's so unfair! Such rotten bad luck! What did I do to deserve this? Aaaaarrgh! Cancer sucks! You try to have hope, And you try to stay strong, But some days are harder than others, And you wonder how you will ever go on? It's so unfair! Such rotten bad luck! What did I do to deserve this? Aaaaarrgh! Cancer sucks! Some days you will get knocked down, And feel like giving up, But your loved ones will be there to help and remind you, Of why you want to kick cancers' butt. It's so unfair! Such rotten bad luck! What did I do to deserve this? Aaaaarrgh! Cancer sucks! We never know how many days we will get in this life, So live each day as though it is your last. Love, laugh and be kind to one another, Before your time here on Earth is past. Written by Tara Lee  
Australia 2016

I was recently diagnosed with Breast Cancer and not only am I terrified I am experiencing the full range of human emotions. I am also looking for drug free ways to cope. One of those ways is by coloring. It helps me to reduce my anxiety, stress, fear, anger and to relax during this difficult time in my life. I was so lucky to find out about this wonderful coloring book by Cynthia Van Edwards. The pages of this book are absolutely beautiful and have inspirational and

encouraging words with the pictures. Words such as Courage, Visualize your Future, Fight, Heal and many more words, thoughts and emotions I am going through right now. I know that anyone who has been touched by Cancer or any disease can relate and maybe benefit from coloring and this coloring book. I am having my surgery next week and I will be using this wonderful book as a form of therapy for the upcoming months of treatments. I do not have a completed picture to post but I will be sure to update my review with more of my story and some of my drawings when they are complete. I am a Survivor!!!

I had the privilege of receiving an advanced PDF copy of the book. What I love about this book is the creativity and how most pictures come with both a white and a black background. I also love what the book stands for and that the proceeds are going to a great cause. Most of us either know someone who had or is suffering with this awful disease or you might unfortunately be the one with it! My mother was first diagnosed with cervical cancer at the age of 34 while she was pregnant with me. That's how she found out about the cancer. They wanted her to have an abortion because they didn't know what would happen once they did the c-section. Back then this was unheard of and they were afraid it might spread everywhere once I was delivered. She said absolutely not I'm having this baby! Amazingly she delivered a healthy baby and beat the cancer! I was called the miracle baby throughout the hospital. They told her I saved her life because I blocked it from spreading. 15 years later she felt a lump and unfortunately it was breast cancer stage 3. She had surgery chemo and radiation and again the tough person that she is beat it again! Just when we thought it can't happen again 11 years later she was diagnosed again with breast cancer in the opposite breast which they said had nothing to do with the first breast cancer it was a different type. Fortunately she once again beat cancer. My mom is now 72 and been cancer free for 12 years!!! I hope and pray everyday that she will never have to deal with cancer again!! This is a book that can be such a stress reliever for anyone who is touched by this awful disease. I highly recommend it to everyone! Here is a picture of my work in progress. As I color more pictures I will post for everyone to see.

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Prevention,Colon Cancer) (Alternative Medicine Book 1) Adult Coloring Books Swear words: Shut up twatwaffle : Escape the Bullshit of your day : Stress Relieving Swear Words black background Designs (Volume 1)

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